

New: A superfood for complete skin, hair and nail nutrition -for anti-aging rejuvenation from within.

SOLAL

BEAUTY SCIENCE
MEDICINE FOR THE SKIN™

PRESCRIBED BY DOCTORS
RECOMMENDED BY PHARMACISTS™

Beauty Shake

-naturally sweetened with Stevia herb

Sugar Free • Low Fat • Low Carb • Low GI • Low Calorie • High Protein

Regenerates collagen & elastin skin fibres, to restore youthful texture, elasticity and thickness to the skin, hair and nails.

Beauty Benefits

- Whey Protein -to nourish and heal skin
- Silicon amino acid chelate -to strengthen and firm skin, hair and nails
- Collagen peptides -for youthful cell growth and skin rejuvenation
- MSM (sulphur) -for hair flexibility and skin elasticity
- Omega 3 essential fatty acids -for hydration and volume of skin and hair
- Colostrum -to accelerate growth and healing, and to boost skin immunity
- Biotin -for skin structure, and for hair and nail strength
- Added vitamins and probiotics -to reduce inflamed and irritated skin



A superfood for complete skin, hair and nail nutrition, from within. SOLAL Beauty Shake contains super nutrients such as whey protein, omega 3 marine extracts, flaxseed, vitamins, probiotics, colostrum and collagen peptides. These nourish the skin, and boost collagen and elastin, from within the body, ensuring healthy new skin growth, thereby revitalising the skin, improving elasticity, and helping to reverse existing damage caused by aging. SOLAL Beauty Shake also supplies keratin-boosting silicon, biotin and MSM (sulphur), which promote strong and flexible hair and nail growth.

Additional Health Benefits

- **High protein:** 60% pure protein content -for healthy metabolism, brain function, body tone and performance.
- **Low fat - Low Carb - Low GI:** Only 3.3g of fat and less than 5g of low glycaemic index carbohydrates per serving -for healthy weight control and sustained energy levels.
- **Undenatured cold processed whey protein:** With intact immunoglobulins -for healthy immune function and recovery from illness.
- **Added omega 3 essential fatty acids:** From fish and flaxseed oil -for heart health and improved brain function.
- **Probiotics and prebiotics:** 3 billion probiotics per serving, with prebiotic fibre -for a healthy immune system and digestive tract.
- **High fibre:** 5g of soluble and insoluble fibre per serving -for healthy digestion, cholesterol and blood-sugar control.
- **12 added essential vitamins:** Providing 100% RDA per serving -for a healthy body and brain.
- **Sugar-free:** Naturally sweetened with Stevia herb only -no aspartame, sugar or artificial sweeteners.

Directions For Use

Take one serving every 2 to 3 days. Add 2 level scoops (40g) to approximately 200ml of milk (skim, low fat or full cream) or water, and mix well. More or less milk or water can be added, according to personal taste. For best results use a blender or shaker. For a thicker and ice-cold drink, add a few ice cubes before blending or shaking. For variety and additional health benefits, add a few pieces of fresh fruit before blending. Can also be added to yoghurt, fruit juices, smoothies, breakfast cereals or jellies, to boost nutritional value. Visit www.solaltech.com/recipes to download delicious recipes.

INGREDIENTS:

High immunoglobulin whey protein (cold processed, micro-filtered), plant fibre (guar bean extract), colostrum, collagen peptides, milled flaxseeds, fish oil, MSM, silicon amino acid chelate, lecithin, prebiotics (beetroot extract), probiotics (Lactobacillus sporogenes), cocoa, vitamins, minerals, nature identical flavours, stevia leaf extract (natural sweetener), approved colourants. Available in two flavours (*chocolate and vanilla*). Contains no preservatives, sugar, artificial sweeteners, caffeine, stimulants, soy, egg or high glycaemic carbohydrates. Safe for diabetics, children, the elderly and people recovering from illness. Safety during pregnancy and breast-feeding is unknown since Stevia herb has not been adequately tested during pregnancy and breast-feeding. Do not use if you have been told to avoid a high protein diet. Allergens: Whey (dairy, lactose [low lactose: approx 1.5g per serving])

Immune boosting protein fractions: Beta-Lactoglobulin 38-45% • Alpha-Lactoglobulin 9-12% • Glycomacropeptide (GMP) 11-15% • Immunoglobulin (IgG) 4-6% • Serum albumin 2-4%

Vitamins and Minerals:			Nutritional Information:		
	Per serving (40g)	% RDA per serving	Per serving (40g)		Per 100g
Vitamin A	1000RE (3333IU)	100%	Energy (kJ/Cal)	605kJ (144 Cal)	1513kJ (360 Cal)
Vitamin C	60mg	100%	Protein	24g	60g
Vitamin D3	5µg (200IU)	100%	Carbohydrates	4g	10g
Vitamin E	10TE (15IU)	100%	Fibre (soluble and insoluble)	5g	12.5g
Vitamin B1 (Thiamine)	1.4mg	100%	Fats and Essential Fatty Acids	3.3g	8.25g
Vitamin B2 (Riboflavin)	1.6mg	100%	Omega 3 fats:		
Vitamin B6 (Pyridoxine)	2mg	100%	ALA	540mg	1350mg
Vitamin B12	1µg	100%	EPA	38mg	95mg
Vitamin B3 (Nicotinamide)	18mg	100%	DHA	31mg	78mg
Vitamin B12 (Pantothenic Acid)	6mg	100%	Omega 6 fats:		
Folic Acid	200µg	100%	LA		554mg
Biotin	10mg	10000%			
Calcium	170mg	21%	1385mg		
Magnesium	20mg	6%	Omega 9 fats:	770mg	1925mg
Potassium	160mg	RDA not established	Probiotics (heat stable):		
Phosphorus	105mg	13%	Lactobacillus sporogenes		3 billion cfu
			7.5billion cfu		
			Silicon amino acid chelate		500mg
			1250mg		
			MSM	1000mg	2500mg
			Colostrum	1000mg	2500mg
			Collagen peptides	1000mg	2500mg

Available from SOLAL Technologies, Medical Practitioners, Dis-Chem Pharmacies, Selected Pharmacies & Health Stores.

For more information on this product or anti-aging products and protocols or for any health need, contact:

SOLAL Technologies: Tel: 011 783 3939 • Fax: 011 783 3399 • email: solal@solaltech.com

www.solaltech.com

400 grams (10 days supply)

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Beauty
Shake
Beauty

