

Super Nutrient Health Shake

SOLAL
BEAUTY SCIENCE
MEDICINE FOR THE SKIN™

**PRESCRIBED BY DOCTORS
RECOMMENDED BY PHARMACISTS™**

-Contains all you need in one delicious shake:

**Protein, Fibre, Omega 3's, Vitamins and Probiotics.
Suitable for adults and children**



- Sugar-Free – No artificial sweeteners
- Low fat – Low carb – Low GI
- High fibre and high protein
- Naturally sweetened with Stevia herb
- For optimal health, energy, brain function and weight control

A delicious health shake for complete body and brain health, energy, body toning, weight control and for recuperation from illness or injury. Use in addition to daily meals for a health or performance top-up, or as a meal substitute to lose weight. Available in four flavours (cappuccino, chocolate, strawberry and vanilla). Contains no preservatives, sugar, artificial sweeteners, caffeine, stimulants, soy, egg or high glycaemic carbohydrates. Safe for diabetics, children, the elderly and people recovering from illness. Safety during pregnancy and breast-feeding is unknown since Stevia herb has not been adequately tested during pregnancy and breast-feeding. Do not use if you have been told to avoid a high protein diet, unless under the supervision of a healthcare provider.

Additional Health Benefits

- **High protein:** 60% pure protein content – *for healthy metabolism, brain function, body tone and performance.*
- **Low fat – Low carb – Low GI:** Only 3.3g of fat and 4g of low glycaemic index (GI) carbohydrates per serving – *for healthy weight control and sustained energy levels.*
- **Undenatured cold processed whey protein:** With intact immunoglobulins – *for healthy immune function, muscle toning and recovery from illness or injury.*
- **Added omega 3 essential fatty acids:** From fish and flaxseed oil – *for heart health and improved brain function.*
- **Probiotics and prebiotics:** 3 billion probiotics per serving, with prebiotic fibre – *for a healthy immune system and digestive tract.*
- **High fibre:** 5g of soluble and insoluble fibre per serving – *for healthy digestion, cholesterol and blood-sugar control.*
- **12 added essential vitamins:** Providing 100% RDA per serving – *for a healthy body and brain.*
- **Sugar-free:** Naturally sweetened with Stevia herb only – *no aspartame, sugar or artificial sweeteners.*

INGREDIENTS:

High immunoglobulin whey protein (cold processed, micro-filtered), plant fibre (guar bean extract), milled flaxseeds, fish oil, lecithin, prebiotics (beet extract), vitamins, minerals, nature identical flavours, stevia leaf extract (natural sweetener), approved colourants.

DIRECTIONS FOR USE

Add 2 level scoops (40g) to approximately 200ml of milk (full cream, low fat or skimmed) or water, and mix well. More or less milk or water can be added, according to personal taste. For best results use a shaker or blender. For a thicker and ice-cold drink, add a few ice cubes before shaking or blending. Can also be added to yoghurt, smoothies, breakfast cereals or jellies, to boost nutritional value.

Available from SOLAL Technologies, Medical Practitioners, Dis-Chem Pharmacies, Selected Pharmacies & Health Stores.
For more information on this product or anti-aging products and protocols or for any health need, contact:
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Protein, Fibre, Omega 3's, Vitamins and Probiotics

400 grams (10 days supply)