

# Hormone Balance Natural HRT

With ipriflavone – to improve not only menopausal symptoms, but ALSO bone density.

## The dilemma:

- **Conventional Hormonal Replacement Therapy (HRT)** treats menopausal symptoms and improves bone density BUT **also increases risk of heart disease** by 24-81%, **breast cancer** by 24% and **stroke** by 31% (*JAMA and NEJM; Women's Health Initiative Study; July – October 2003*)
- **Most Natural Plant Hormonal Products (phyto-estrogens)** do help with menopausal symptoms and don't increase risk of heart disease, breast cancer or stroke; BUT they **do very little to improve bone density or treat osteoporosis**.
- **Osteoporosis** (brittle bones) is more common in women than men and becomes worse with aging (after menopause). It affects 30% of women and is **debilitating** and potentially **life-threatening**.
- **Menopause** usually occurs between the **ages of 45 and 55**. In Western nations, the average age of menopause onset is 51. **Symptoms** are **hot flashes, mood disturbances, sleep problems, headaches, vaginal dryness** and **reduced libido**.

## The solution – **HORMONE BALANCE:**

- Contains **ipriflavone**, the only isoflavone plant derivative proven to treat and **prevent osteoporosis**.
- Contains **phyto-estrogens** and **phyto-progesterones** to **prevent** menopause symptoms such as hot flashes, **mood disturbances, sleep problems, headaches, vaginal dryness** and **reduced libido**.
- Also useful for preventing **pre-menstrual tension (PMT)** syndrome such as **mood swings, irritability, anxiety, sleep disturbances, carbohydrate cravings, fatigue, confusion and water-retention** in pre-menopausal women. PMT affect 40% of women between ages of 15-40.
- **HORMONE BALANCE** will **not increase** risk of **heart disease, breast cancer or stroke**.
- Contains only **standardised extracts** at dosages proven effective in clinical trials.
- **Post-menopausal women** should take **HORMONE BALANCE** continuously. For **PMT prevention**, **HORMONE BALANCE** should be taken daily for **10 days**, starting 6 days before the end of the menstrual cycle.



## How does **HORMONE BALANCE** work?

- **Ipriflavone** 600mg, a mild **testosterone** stimulator and localised (bone only) **estrogenic** substance (protects bones but does not stimulate breast or uterine tissue). The only isoflavone proven to **improve bone mineral density**.
- **Black Cohosh** (std to 2.5% terpene glycosides) 80mg, an **estrogen** agonist to prevent and treat **menopausal symptoms and PMT**.
- **Agnus castus** (4:1 extract) 10mg a **progesterone** receptor agonist. Helps protect against **vaginal dryness and pain**
- **Vitamin D3** 10mcg (400 IU), to enhance the effect of ipriflavone on **bone density** and to facilitate the influx of **calcium into the bones**.

**For additional bone density protection, take Solal's Calcium. Formulated with Calcium glycinate with Vitamin D3 chelate, the most bio-available and effective form of calcium available.**

Available from SOLAL Technologies, Medical Practitioners, Dis-Chem Pharmacies and selected Pharmacies & Health Shops.

For more information on this product or anti-aging products and protocols or for any health need, contact:  
Solal Technologies: Tel: 011 783 3939 • Fax: 011 783 3399 • email: solal@solaltech.com

[www.solaltech.com](http://www.solaltech.com)



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