

You can see and taste the quality of your food. But you can't see or taste the quality of tablet and capsule supplements

An apple turning brown from oxidation, or a mouldy fungus growing on old bread, is easily visible. But you can't see a fungus growing inside your capsule, or which raw materials have been oxidised through excessive exposure to air during manufacture and storage. Unlike food, where you can see and taste the quality, you can't judge the quality of a tablet or capsule by how it looks or tastes.

Supplements all look similar on the outside, either as capsules or tablets.
Therefore, you need to be sure that the following quality controls are in place:

Pharmaceutical quality manufacturing controls – for safety

Most supplements sold in South Africa contain raw materials that are not tested to verify that what the material the supplier (who is often merely a middleman trader in China) claims to use is actually true. Then, after manufacturing, most supplements sold in SA are not tested for stability and batch-to-batch consistency. Another problem is that a few supplements sold in SA have been discovered to be laced with undisclosed and dangerous pharmaceutical chemicals. Most supplement manufacturers are not licensed to manufacture medicines and thus don't adhere to pharmaceutical quality control and testing.

SOLAL Technologies is different: **We sell natural medicines, but we are a pharmaceutical company**, registered with the South African Pharmacy Council. SOLAL's natural medicines are **tested before and after manufacturing**, and are manufactured in a licensed facility.

Concentrated ingredients – for effectiveness

Most supplements contain dried plant or food in an unconcentrated form, not extract powders, as their active ingredients. SOLAL Technologies uses only concentrated extract powders. Extract powders are usually **10-50 times more concentrated** than their less potent counterparts, and thus more effective. If you are buying cheap products that contain unconcentrated powders, not extract powders, it is no wonder your supplement is not delivering on its promises.

Best forms of nutrients – for health

All vitamins, minerals and nutrients come in many forms.

For example, there are **8 forms of vitamin E**. The two heart protective forms are known as gamma-tocopherol and gamma-tocotrienol. SOLAL Technologies is the only company to use these two forms of vitamin E. Similarly, our **vitamin C contains both the fat and water-soluble forms**. You need both of these to protect the fatty areas of the body (like the brain and cells), as well as the watery areas (like the blood). Most other products contain only one type of vitamin C (the water-soluble form). We use the **glycinate forms of calcium and magnesium**, which are the most absorbable and effective forms, unlike the poorly absorbed carbonate form. The type of **vitamin B₁₂ we use is called methylcobalamin**, not the common cyanocobalamin form, which breaks down into cyanide in the body. We use bioidentical vitamins, which the body can use instantly, without having to convert into active forms first. **Our omega 3 fats are filtered and mercury-free**. They contain the highest amounts of omega 3's because they are sourced from wild fish, not farmed fish, which have a much lower omega 3 content. Our **minerals are the chelated forms**, the most natural and absorbable forms of minerals known.

These are just a few examples of the SOLAL Technologies difference

So, next time you are shopping for a supplement and the price seems too good to be true, maybe there is a good reason. Quality costs more. Insist on SOLAL Technologies for quality, safety and effectiveness.



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RECOMMENDED BY PHARMACISTS™**



Manufactured in a GMP (Good Manufacturing Practice) licensed facility, ensuring pure, safe and uncontaminated products of the highest quality. All our raw materials are tested for potency and purity. Our products do not contain any unhealthy or bulky fillers, but rather are filled to the brim with therapeutic doses of active nutrients and plant extracts.

Available from Dis-Chem Pharmacies, Leading Pharmacies, Health Stores, doctors or from SOLAL Technologies.

Visit the SOLAL Technologies website for free downloads, comprehensive product information, booklet guide and chart, price list and to watch a free online video on how to use nutraceutical supplements safely and effectively.

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