



Don't believe weight loss lies

HELPS TO BOOST ENERGY USE

HEALTHY BLOOD SUGAR AND ENERGY LEVELS

CORRECT FAULTY CARBOHYDRATE METABOLISM



PRESCRIBED BY DOCTORS • RECOMMENDED BY PHARMACISTS™

If you read magazines or watch TV, then you've probably seen unbelievable weight loss promises. Promises to lose 10kgs a month, with no effort, using all natural ingredients. Promises that you can eat anything you want and still lose weight. These are all lies. **There are no natural weight loss products that cause rapid weight loss** unless combined with significant adjustments to diet and exercise. There are a few pharmaceutical prescription-only medicines that can result in rapid weight loss but these are unsafe, typically causing anxiety and damage to the heart and liver. Furthermore, when these medicines are discontinued, the weight usually piles back on because these medicines don't correct the underlying metabolic causes of weight gain. There are natural weight loss nutrients and herbal extracts, but they work slowly. This is good because they work by helping to correct some of the underlying causes of difficulty in losing weight, and this is a slow process.

Medical research published in 2010 shows that a nutrient called alpha lipoic acid causes slow but effective weight loss, when taken over a 4-5 month period. Losses of 8-9% bodyweight in men and women were achieved.¹ Furthermore, men lost 11 cm and women lost 9cm in waist circumference. Alpha lipoic acid works by helping to boost energy use and by helping to correct faulty carbohydrate metabolism.

Dual R-form is twice as effective: There are 2 forms of alpha lipoic acid: the R-form and the S-form. The R-form is active; the S-form is not. SOLAL Technologies is the only brand of pure R-form alpha lipoic acid in South Africa.

SPECIAL OFFER: Buy Alpha Lipoic Acid (Dual R-Form) and receive Chromium Polynicotinate (60 tablets) FREE.

Chromium Polynicotinate is a mineral which some research shows boosts energy and reduces carbohydrate cravings.

Safe: Alpha lipoic acid is a naturally occurring antioxidant with an exceptional safety profile. It is not addictive or stimulating. It will not raise blood pressure, making it safe for unfit or overweight people to use. Unlike prescription medicines, which have accompanying side effects, alpha lipoic acid has additional health effects. These include antioxidant and liver protection, as well as helping to maintain healthy blood sugar and energy levels.

Correct dosage: The dosages used in clinical studies were higher than the usual health maintenance doses of alpha lipoic acid.² Start with 1 capsule 3 times a day, and, if you don't experience any side effects (a skin rash, although this is rare) increase the dose to 2 capsules 3 times a day. Take each dose 30 minutes before a meal.



For additional effectiveness: Although Alpha Lipoic Acid (Dual R-Form) can be used alone, for additional effectiveness, use at the same time as Invisible Fibre™. Simply stir 2 teaspoons of Invisible Fibre™ into a glass of water and consume before each meal. Invisible Fibre™ is proven to reduce the glycaemic index of carbohydrate meals by more than 30%. Lower glycaemic meals are an important component of successful weight loss.

The information presented above is the opinion of SOLAL Technologies.

References include:

1. M.G. Carbonelli, et al. *Alpha-lipoic Acid Supplementation: A Tool for Obesity Therapy*. *Current Pharmaceutical Design*. 2010
2. Koh EH, Lee WJ, Lee SA, et al. *Effects of alpha-lipoic Acid on body weight in obese subjects*. *Am J Med*. Jan 2011;124(1):85

SMS**1340** followed by your email address to 40840 and we will forward you an email containing our free 62-page *Product Information and Health Solutions Guide* for solutions to all your health needs. *R2 per SMS



Manufactured in a GMP (Good Manufacturing Practice) licensed facility, ensuring pure, safe and uncontaminated products of the highest quality. All our raw materials are tested for potency and purity. Our products do not contain any unhealthy or bulky fillers, but rather are filled to the brim with therapeutic doses of active nutrients and plant extracts.

Available from Dis-Chem Pharmacies, Leading Pharmacies, Health Stores, doctors or from SOLAL Technologies.

Visit SOLAL Technologies' website for free downloads, comprehensive product information, booklet guide and chart, price list and to watch a free online video on how to use nutraceutical supplements safely and effectively.

SOLAL™
TECHNOLOGIES
ANTI-AGING SPECIALISTS™
PRESCRIBED BY DOCTORS
RECOMMENDED BY PHARMACISTS™

Tel: 011 783 3939
Fax: 011 783 3399
Email: solal@solaltech.com
Website: www.solaltech.com