



Having a closer look at some unique SOLAL products

**PRESCRIBED BY DOCTORS
RECOMMENDED BY PHARMACISTS™**

Naturally Sweet™

- The only low calorie sweetener in South Africa made from natural sugar, not artificial chemical precursors.
- Ten times less calories than sugar.
- Contains sucralose - no aspartame which recent research shows may increase the risk of some cancers¹.
- The only low GI, low calorie sweetener – contains no high GI maltodextrin/glucose fillers. Kosher (Parev) and Halaal approved.

Prostate Protection Formula™

- A combination of concentrated herbal and vegetable extracts: I3C (Indole-3-Carbinol), DIM (Di-Indole-Methane), lycopene, Pygeum africanum, selenium, betasitosterol and curcumin.
- Research shows that these extracts have anti-carcinogenic effects and help relieve the symptoms of enlarged prostate. They also reduce the risk of developing an enlarged prostate in the future.

I3Complex™

- Contains anti-carcinogenic nutrient extracts that research shows helps protect cells from hormone induced and other causes of cellular mutations. Ideally I3Complex™ should be used preventatively and continuously, for cellular protection.
- Contain I3C (Indole-3-Carbinol), DIM (Di-Indole-Methane), Curcumin, Resveratrol, Quercetin, Piperine, Lycopene, EGCG, Co-enzyme Q₁₀, Selenium, Folic acid and Mixed tocopherols (Vitamin E)

Cholest-Away™

- Red Yeast Rice Extract is a non-prescription cholesterol lowering supplement.
- Also has additional heart benefits by assisting with lowering tryglicerides and balancing HDL and LDL.

Naturally High™

- A natural mood enhancer for mild to moderate depression.
- Naturally high is a blend of herbal and nutritional extracts that naturally elevate the levels of all three energizing and mood-enhancing brain neurotransmitters. Naturally High also enhances the brain's ability to cope with stress and has an anti-anxiety effect, by calming the central nervous system.

Natural Antibiotic and Anti Viral Flu Formula™

- Anti-Viral & Flu Formula contains a combination of immune boosting and anti-viral herbal and nutritional extracts.
- Helps shorten the duration and intensity of colds & flu.
- Boosts the immune system and fights infections.

Inflammation, Pain and Healing Formula™

- A multi-action formula with nutrients and herbal extracts that treats both the symptoms and the causes of joint damage and inflammation, whilst healing injured joint tissue at the same time.

The Anti-Aging Pill™

- Contains Resveratrol, which research performed by Harvard medical school shows slows down the rate that cells age². Resveratrol also has heart protective health benefits.

Progesterone Cream

- Natural HRT for PMS and menopausal symptoms.
- Contained in a liposomal base to ensure penetration through the skin into the bloodstream, unlike other progesterone creams which merely absorb into the skin surface.

Stress Damage Control™

- The only product that not only works on the brain to promote calm, focus and concentration, but also protects the heart and brain from the damaging effects of the stress hormones adrenaline and cortisol. These hormones cause brain damage, memory loss and increase the risk of stress-induced heart attack by 300-600% (heart attack is the second biggest killer of South Africans after HIV/AIDS).
- Contains extracts of Rhodiola Rosea and Ashwagandha in sufficient amounts to provide protective effects.

Natural Laxative™

- Naturally treats constipation.
- Made from the Cape Aloe plant which has additional detoxification health benefits.

Slow Release Melatonin™

- The only melatonin product on the market in a slow release formulation, to provide longest sleep duration with lowest chance of early morning awakenings.
- Melatonin is one of the most important anti-aging & brain protective nutrients known.
- Enhances immune function and also protects the heart.

Anti-Parasite Formula™

- Anti-Parasite Formula™ is an advanced nutraceutical made from plant extracts, formulated to eliminate most major parasites.
- Non pet-owners should take a course of Anti-Parasite Formula™ once every 2 years. Pet owners should use it once every 6-12 months.

References:

1. Morando Soffritti et al.; First Experimental Demonstration of the Multipotential Carcinogenic Effects of Aspartame Administered in the Feed to Sprague-Dawley Rats; Environmental Health Perspectives; Volume 114, Number 3, March 2006
2. Cromie, WJ; Protein extends life; Harvard University Gazette; 2004 July



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- View/download Solal booklet for protocols on what to use for most medical conditions and product summaries
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- protocols and information for most medical conditions

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