

#### ABOUT KRILL OIL (NEPTUNE) OMEGA 3

Krill are tiny shrimp, found in icy waters of the Antarctic. They are at the bottom of the food chain, and therefore do not accumulate heavy metals like fish do. They are therefore naturally free of heavy metals and other toxins. The omega 3's found in Krill Oil are bound to phospholipids and not to triglyceride fats, like standard omega 3's. This improves bio-availability, meaning lower doses can be used. Krill Oil is also an excellent source of phosphatidylcholine, essential for skin health, brain function and liver detoxification, as well as astaxanthin, a powerful anti-oxidant. Krill Oil contains the best EPA and DHA forms of omega 3's. These are important for heart, brain and immune system health. They also boost mood and help prevent inflammatory disorders. Research shows that Krill Oil is superior to fish oil at maintaining healthy blood triglyceride and cholesterol levels, as well as preventing hormonal imbalances.

#### COMPOSITION: 2 CAPSULES CONTAIN:

Neptune Krill Oil (NKO™) yielding:	1000mg
Omega-3 fatty acids, total of which	300mg
Eicosapentaenoic acid (EPA)	150mg
Docosahexaenoic acid (DHA)	90mg
Omega-6 fatty acids, total	20mg
Phospholipids, omega-3 rich of which	400mg
phosphatidylcholine	320mg
phosphatidylserine	4-8mg
other phospholipids	72-76mg
Astaxanthin (antioxidant)	1.5mg

**NO HEAVY METALS, DIOXINS or PESTICIDES**  
**NO TRANS FAT • PRESERVATIVE-FREE**



**SOLAL**  
TECHNOLOGIES  
ANTI-AGING SPECIALISTS™

**PRESCRIBED BY DOCTORS**  
**RECOMMENDED BY PHARMACISTS™**



## KRILL OIL (NEPTUNE) OMEGA 3

**A SUPERIOR FORM OF OMEGA 3 COMPARED TO FISH OIL**  
*Patented Formulation*

Most absorbable phospholipid form of omega 3's  
not triglyceride form found in fish oil sources.

#### WHY SOLAL KRILL OIL (NEPTUNE) OMEGA 3 IS SUPERIOR TO FISH OIL:

50% better absorbed • 48x more anti-oxidant activity • Naturally free of mercury and heavy metals  
Reduced reflux • Omega 3:6 ratio = 15:1 (fish oil = 2:1)

**30 V-capsules – protected from oxidation**

*SOLAL does not use softgel capsules which allow oxygen through the shell thereby causing oil decay*

#### DIRECTIONS FOR USE

Adults and children over 12 years of age: Take 1-2 capsules twice daily for one month, dropping to a maintenance dose of 1 capsule daily or twice daily thereafter. Children 4-12 years of age: Take 1 capsule daily. Take with or shortly after meals.

#### PRECAUTIONS, SIDE-EFFECTS & INTERACTIONS

Although omega 3 fats are essential during pregnancy, the safety of Krill Oil during pregnancy has not yet been tested. Do not use if pregnant. Safe for use during breast-feeding. If you are allergic to shellfish, have a blood coagulation condition or are taking anticoagulants such as warfarin, consult a healthcare provider before using this product. Safe for use with aspirin. Store in a cool dry place, out of the reach of children. Do not exceed recommended doses unless on the advice of a healthcare provider. If you are on prescription medicine or suffering from any medical condition, it is advisable to seek medical advice before beginning any new supplement or remedy.

**MANUFACTURED UNDER GMP**  
*(Good Manufacturing Practices) FOR:*

#### SOLAL Technologies

PO Box 782484, Sandton, South Africa, 2146

Tel: (011) 783-3939 • Fax: (011) 783-3399 • email: [solal@solaltech.com](mailto:solal@solaltech.com)

[www.solaltech.com](http://www.solaltech.com)

