

## **SOUTH AFRICA'S FIRST BOARD-CERTIFIED ANTI-AGING PHYSICIAN JOINS SOLAL TECHNOLOGIES**

Specialist physician, Dr Craige Golding, MBCHB, FCP(SA), ABAARM, FAAFAM, is the first doctor in South Africa to receive American Board Certification in Anti-aging and Regenerative Medicine, as well as a Fellowship in Anti-aging and Functional Medicine from the prestigious American Academy of Anti-Aging Medicine in the USA.

Dr Golding studied at the University of Pretoria from 1987 to 1993 passing the MBCHB degree in medicine cum laude, achieving the following awards: academic colours, the Akromed prize for pharmacology, the Horrace Wells medal for the best student in anesthesiology and the Maybaker prize for the best student in psychiatry. He completed his postgraduate training in internal medicine at the University of Pretoria and qualified as a Specialist Physician in 1999, becoming a Fellow of the College of Physicians of South Africa. Dr Golding's practice is at Rosebank Clinic, and he sits on the advisory board of the Parklane and Rosebank Clinics.

Anti-aging and Regenerative medicine is a highly specialised field of medicine, requiring physicians to understand far more about the human body and brain than conventional doctors. This new speciality in medicine is based on the very early detection, prevention and reversal of age-related disease. 90% of all adult illness is due to the degenerative processes of aging. With early detection and appropriate intervention, most of these diseases can be prevented, cured or have their downward course reversed.

Due to Dr Golding's expertise in this area, Solal Technologies, South Africa's leading Anti-aging specialists, whose brand of anti-aging and preventative medicine products are the most prescribed by doctors and recommended by pharmacists, are pleased to announce his appointment as Medical Director.

Brent Murphy a pharmacist and director of Solal Technologies, who sits on the executive board of the Health Products Council of SA (HPCSA) says, "Dr Craige Golding was an obvious choice for this position. We are pleased to announce his appointment as Medical Director and look forward to taking Solal Technologies to the next level of anti-aging and preventative medicine in South Africa, to improve the health, quality and quantity of lives for many South Africans."